

The Fridley 10-mile bike loop Q-sheet *(turn-by-turn)*

From the parking Lot of LivInn MPLS

Left - Cherie LN

Cross - Hwy 65 onto 53 Ave

Cross - University Ave

Right - Main St

Pass - Woodsprings Hotel after crossing 694 bridge

Left - on 61st

Take - use tunnel under RR tracks *(North Star Rail Line)*

Right - onto Mississippi River Trail *(MRT)*

Pass - Edgewater Garsen Park

Right - at trail T into Locke Lake Park *(option, just off of the MRT the Banfill-Locke Center for the Arts makes a great rest stop on your bike ride)*

Left - at next T after passing under RR tracks, onto Rice Creek Trail

Right - at next T in Fridley Community Locke Park

Cross - University Ave and resume on the Rice Creek Trail

Left - at the next T and follow the upper Rice Creek Trail

Right - stay straight past the T before the dog park

Cross - the trail that leads north to the parking lot and restrooms

Pass - next T, to your right

Left - at next trail T that will take you under Hwy 65

Left - at T after passing under the Hwy to resume the route (note - right at the T if to the Budget Host Hotel)

Right - Central Avenue *(trail along west side)*

Pass - Moore Lake Rd *(Grandpa's Ice Cream)*

Right - Hillcrest Dr

Left - Woody Ln

Left - Gardena Ln

Cross - Gardena Ave onto Matterhorn Dr

Cross - I-694

Right - Skywood Ln

Right - Filmore/Cheri Ln

Back - to parking lot.

Enjoy!

