

Set in the rolling Mississippi River valley of the southeastern Twin Cities metro area, Inver Grove Heights offers miles of scenic paved trail that connects too many other trail systems in the metro area. For the mountain biker, check out Salem Hills and other nearby off-road courses. When not biking find more options below to plan your visit.

PALACE INN – EXTEND-A-STAY

5492 Robert Trail Α Inver Grove Heights, MN 55077 Opening 08-27-2019 WEBSITE

HARMON PARK RESERVE FOR MOUNTAIN BIKING

Salem Hills Mountain Biking Park here offers some of the best off road sinale track ridina in the twin Cities 1642 Upper 55th St. East

WEBSITE

AMC GROVER 16

📶 A 16 screen movie theater featuring the latest films

5567 Bishop Avenue, Inver Grove Heights, MN 55076

651-453-1016 WEBSITE

HOLIDAY INN EXPRESS

5653 Bishop Avenue Inver Grove Heights, MN 55076

651.450.1100

WEBSITE

VVMICROTEL INN & SUITES

5681 Bishop Avenue Inver Grove Heights, MN 55076 651.552.0555 WEBSITE

AmericInn Hotel & Suites

5861 Blaine Avenue East Inver Grove Heights, MN 55076 651.450.7511 WFBSITF

BIKE KING

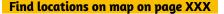
Local bicycle shop for all your cycling needs 6489 Cahill Ave 651-457-7766

WEBSITE

NORTH VALLEY PARK FOR DISC GOLF

This championship-level 18 hole disc golf course is a challenge that makes its way through the wooded hillside 2800 70th St East

WEBSITE



SOUTH VALLEY PARK

Offering biking/hiking trails in an area with natural scenery and wildlife 2810 70th St East WFBSITF

INVER WOOD GOLF COURSE & FOOT GOLF

Offering the popular sports of golf and soccer together 1850 70th Street East 651-457-3667 WEBSITE

THE HISTORIC ROCK ISLAND

SWING BRIDGE

Built in 1894 as a double decker K bridge for nearly 100 autos and trains both crossed the Mississippi River here 4465 66th Street 651-450-2587 WEBSITE

SIMLEY HIGH SCHOOL AUDITORIUM

Teaching children and teens practical skills in theatre for public enjoyment 2920 80th Street East 651-306-7144 WFBSITF

ARBOR POINTE GOLF CLUB

When you want to tie some golf with Μ your biking this 9- hole course offers a wooded setting with fantastic vista views 8919 Cahill Ave Inver Grove Heights, MN 55076

651-451-9678 WEBSITE

PINE BEND BLUFFS SCIENTIFIC AND NATURAL AREA

A new trailhead facility along the Mississippi River Trail 111th Street East WFBSITE

WHERE TO EAT IN INVER GROVE HEIGHTS With so many great places to eat in Lakeville after vour ride vou'll have a tough decision to make WEBSITE